

FORM 7

MONTHLY PROGRESS REPORT

Name of Listed Issuer: Regenera Insights Inc. (the “**Issuer**” or “**Regenera**”).

Trading Symbol: RGEN

Number of Outstanding Listed Securities: 126,882,712

Date: August 5, 2026

This Monthly Progress Report must be posted before the opening of trading on the fifth trading day of each month. This report is not intended to replace the Issuer’s obligation to separately report material information forthwith upon the information becoming known to management or to post the forms required by Exchange Policies. If material information became known and was reported during the preceding month to which this report relates, this report should refer to the material information, the news release date and the posting date on the Exchange website.

This report is intended to keep investors and the market informed of the Issuer’s ongoing business and management activities that occurred during the preceding month. Do not discuss goals or future plans unless they have crystallized to the point that they are "material information" as defined in the Policies. The discussion in this report must be factual, balanced and non-promotional.

General Instructions

- (a) Prepare this Monthly Progress Report using the format set out below. The sequence of questions must not be altered, nor should questions be omitted or left unanswered. The answers to the items must be in narrative form. State when the answer to any item is negative or not applicable to the Issuer. The title to each item must precede the answer.
- (b) The term “Issuer” includes the Issuer and any of its subsidiaries.
- (c) Terms used and not defined in this form are defined or interpreted in Policy 1 – Interpretation and General Provisions.

Report on Business

- 1. Provide a general overview and discussion of the development of the Issuer’s business and operations over the previous month. Where the Issuer was inactive disclose this fact.

During the month ended July, Nature’s Ledger Inc., a company of which the Issuer owns 19% share equity, continued to advance the commercialization of its core

carbon credit business through carbon credit origination, and the sale of carbon credits within its wholly owned subsidiary Carbon RX Inc.

Assist Energy Solutions Corp. (“ASSIST”), a company of which the Issuer owns 23.6%, continued developing and implementing its technology on a simulation in a new reservoir, which is considered to be more favourable for the SCV technology. Simulation results are expected in the coming weeks.

MethanatorRX Technologies Inc., a company of which the Issuer owns 46%, continued the evaluation of the changes in Federal Legislation related to methane-based carbon credit legislation, in order to determine whether it should invest in another round of product optimization.

HeavyNRG Corp. (“HEAVY”) is a company incorporated by the Issuer together with other founding shareholders, on May 29, 2026. The Issuer owns 72.5% of HEAVY, a company that will specialize in lower carbon footprint heavy oil recovery.

2. Provide a general overview and discussion of the activities of management.

See Item 1 above. The Issuer called a special and general shareholders’ meeting, scheduled for July 29, 2026 at 11:30 AM CST, with a record date of June 8, 2026. At this meeting, all the business items were approved by the shareholders.

3. Describe and provide details of any new products or services developed or offered. For resource companies, provide details of new drilling, exploration or production programs and acquisitions of any new properties and attach any mineral or oil and gas or other reports required under Ontario securities law.

None.

4. Describe and provide details of any products or services that were discontinued. For resource companies, provide details of any drilling, exploration or production programs that have been amended or abandoned.

See Item 1 above.

5. Describe any new business relationships entered into between the Issuer, the Issuer’s affiliates or third parties including contracts to supply products or services, joint venture agreements and licensing agreements etc. State whether the relationship is with a Related Person of the Issuer and provide details of the relationship.

None.

6. Describe the expiry or termination of any contracts or agreements between the Issuer, the Issuer’s affiliates or third parties or cancellation of any financing arrangements that have been previously announced.

None.

7. Describe any acquisitions by the Issuer or dispositions of the Issuer's assets that occurred during the preceding month. Provide details of the nature of the assets acquired or disposed of and provide details of the consideration paid or payable together with a schedule of payments if applicable, and of any valuation. State how the consideration was determined and whether the acquisition was from or the disposition was to a Related Person of the Issuer and provide details of the relationship.

None.

8. Describe the acquisition of new customers or loss of customers.

N/A

9. Describe any new developments or effects on intangible products such as brand names, circulation lists, copyrights, franchises, licenses, patents, software, subscription lists and trademarks.

See Item 1 above.

10. Report on any employee hirings, terminations or lay-offs with details of anticipated length of lay-offs.

N/A.

11. Report on any labour disputes and resolutions of those disputes if applicable.

N/A.

12. Describe and provide details of legal proceedings to which the Issuer became a party, including the name of the court or agency, the date instituted, the principal parties to the proceedings, the nature of the claim, the amount claimed, if any, if the proceedings are being contested, and the present status of the proceedings.

None.

13. Provide details of any indebtedness incurred or repaid by the Issuer together with the terms of such indebtedness.

None.

14. Provide details of any securities issued and options or warrants granted.

None

15. Provide details of any loans to or by Related Persons.

N/A.

16. Provide details of any changes in directors, officers or committee members.

None.

17. Discuss any trends which are likely to impact the Issuer including trends in the Issuer's market(s) or political/regulatory trends.

The trends and risks which are likely to impact the Issuer are detailed in the Issuer's Management Discussion and Analysis for the period ended March 31, 2026, dated as May 28, 2026 (the "MD&A") under the headings "Financial Instruments", "Financial Risk Management". The MD&A is available on the Issuer's SEDAR+ profile at www.sedarplus.ca and on the Issuer's disclosure hall with the CSE at www.thecse.com.

Certificate Of Compliance

The undersigned hereby certifies that:

1. The undersigned is a director and/or senior officer of the Issuer and has been duly authorized by a resolution of the board of directors of the Issuer to sign this Certificate of Compliance.
2. As of the date hereof there is no material information concerning the Issuer which has not been publicly disclosed.
3. The undersigned hereby certifies to the Exchange that the Issuer is in compliance with the requirements of applicable securities legislation (as such term is defined in National Instrument 14-101) and all Exchange Requirements (as defined in CNSX Policy 1).
4. All of the information in this Form 7 Monthly Progress Report is true.

Dated August 5, 2026

Jacelyn Case
Name of Director or Senior
Officer

Signed "Jacelyn Case"
Signature

Chief Financial Officer
Official Capacity

Issuer Details Name of Issuer: Regenera Insights Inc.	For Month End July	Date of Report YY/MM/DD 26/08/05
Issuer Address: 91 Patterson Cres SW		
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Contact Name Michelle Westerman	Contact Position Legal Exec	Contact Telephone No. (306) 596-9926
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