Northern Lights Trenches 7.5 m of 0.62% Cu at Pup, Completes First-Ever Drill Program

Vancouver, BC – October 5, 2026 – Northern Lights Resources Corp. (CSE: NLR) (OTC: NLRCF) (FSE: 0ZH0) ("Northern Lights" or the "Company") is pleased to announce the conclusion of its 2026 field program at the Pup Copper Project ("Pup" or the "Project") located in the Yukon, Canada.

Work focused on the Petal Zone, which is an open-ended 1,000 metre long by up to 500 metre wide zone with historical sample values of up to 3.799% Cu from rock grab samples and up to 2,962.9 ppm Cu from soil samples. For further details on the Project, please see the Company's October 1st 2025 news release. The 2026 program included soil sampling, excavator trenching, rock sampling, and the completion of 7 reverse circulation ("RC") drill holes totalling 277.36 metres.

Highlights of this work include:

- Soil sampling returned values of up to 759 ppm Cu, which extends the Petal Zone soil anomaly approximately 100m to the northwest where it potentially remains open into an area of discontinuous permafrost and increased overburden thickness.
- Four excavator trenches totalling 45.4 linear metres were completed to test copper soil geochemical anomalies located adjacent to the main access road. Mineralization including malachite and rare weathered sulphides was encountered, with the main host to mineralization being a quartz-chlorite-biotite schist. Channel sampling within trench T2 returned 7.5 metres of 0.621% Cu and 4.7 ppm Ag, while grab samples from trench T3 returned up to 0.997% Cu and 8.1 ppm Ag.
- RC drilling targeted mineralization identified by trenching, as well as soil and rock geochemical targets within the core of the Pup soil anomaly. Fine disseminated sulphides were noted within all holes, with malachite identified in hole 3. Analytical results for drilling will be released once they are received, compiled and interpreted.

Luka Capin, Interim CEO of Northern Lights, commented: "*In a single season, we took Pup from a grassroots soil anomaly to a drill-tested copper target. Trenching confirmed copper mineralization in bedrock at Petal, including 7.5 metres of 0.62% Cu, and we followed that up with the first drill holes ever completed on the Project, all through a cost-effective program. We eagerly look forward to sharing analytical results as they become available.*"

Pup is located approximately 10 kilometres west of the regional centre of Dawson City. It consists of 90 quartz claims totalling approximately 1,820 hectares and is accessible via a network of dirt roads leading to two active placer gold mines. The Project holds a Class 3 exploration permit, valid for 10 years from October 29, 2025, allowing for drilling, trenching, trail construction, and limited road building. Targets on the property include the Petal Zone (the subject of this news release), the Finn Zone which has yielded soil samples with up to 2,085.8 ppm Cu and rocks up to 3,082 ppm Cu, and the Gismo Zone, where soils have returned up to 632.3 ppm Cu along with anomalous Cu-Mo-Au-Ag in rock samples.

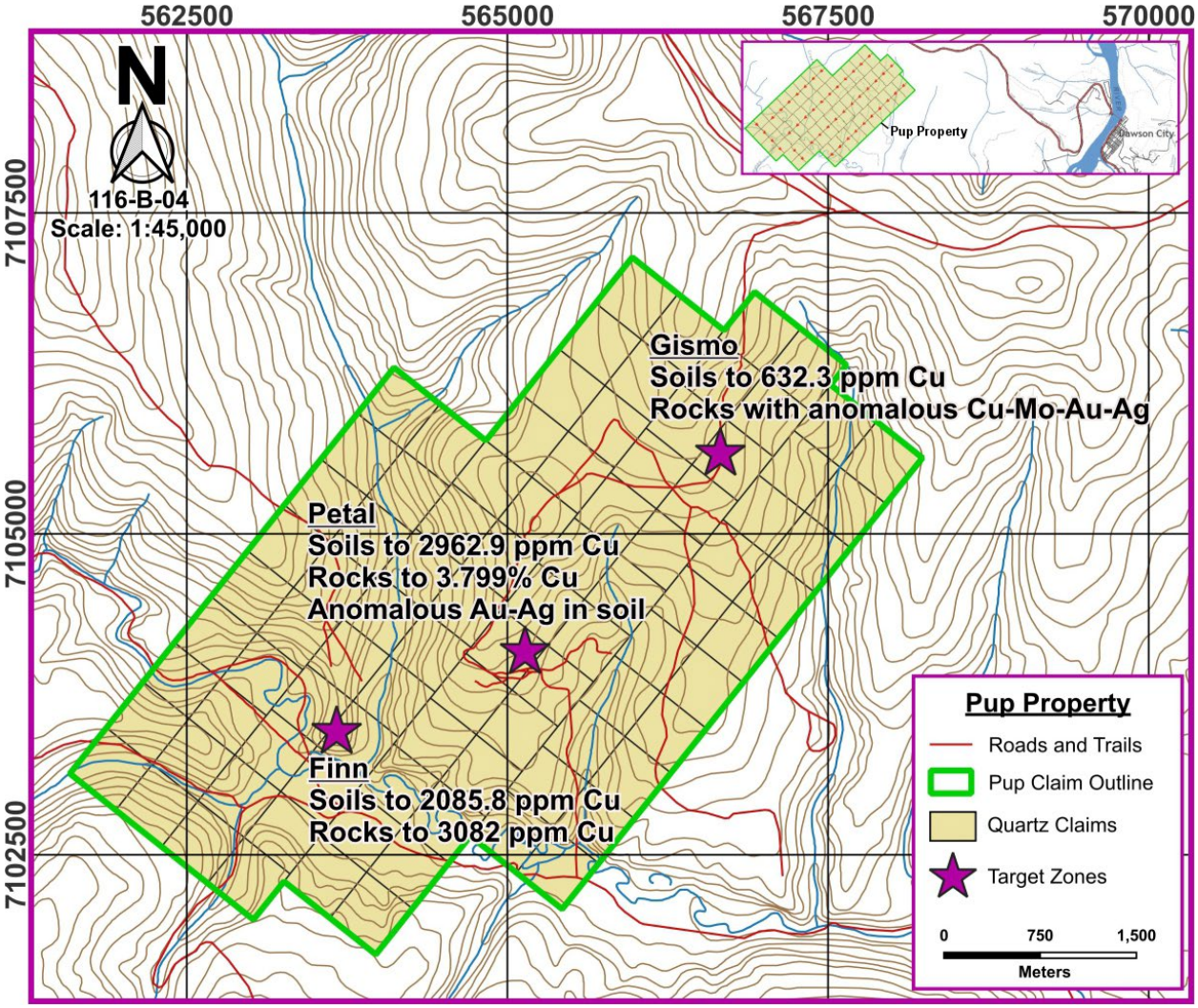

Figure 1: Project map showing zone locations and select historical geochemical data

Drill Hole Table

Hole ID	Easting	Northing	Azimuth	Dip	Depth m
PUPRC26-01	564936.3	7104443	59	-48	62.48
PUPRC26-02	564852.3	7104239	212	-56	33.53
PUPRC26-03	564835.1	7104233	65	-44	60.96
PUPRC26-04	565118.2	7104083	35	-60	28.96
PUPRC26-05	565121.3	7104086	215	-60	27.43

PUPRC26-06	565089.7	7104119	275	-60	32.00
PUPRC26-07	565083.4	7104116	5	-60	32.00

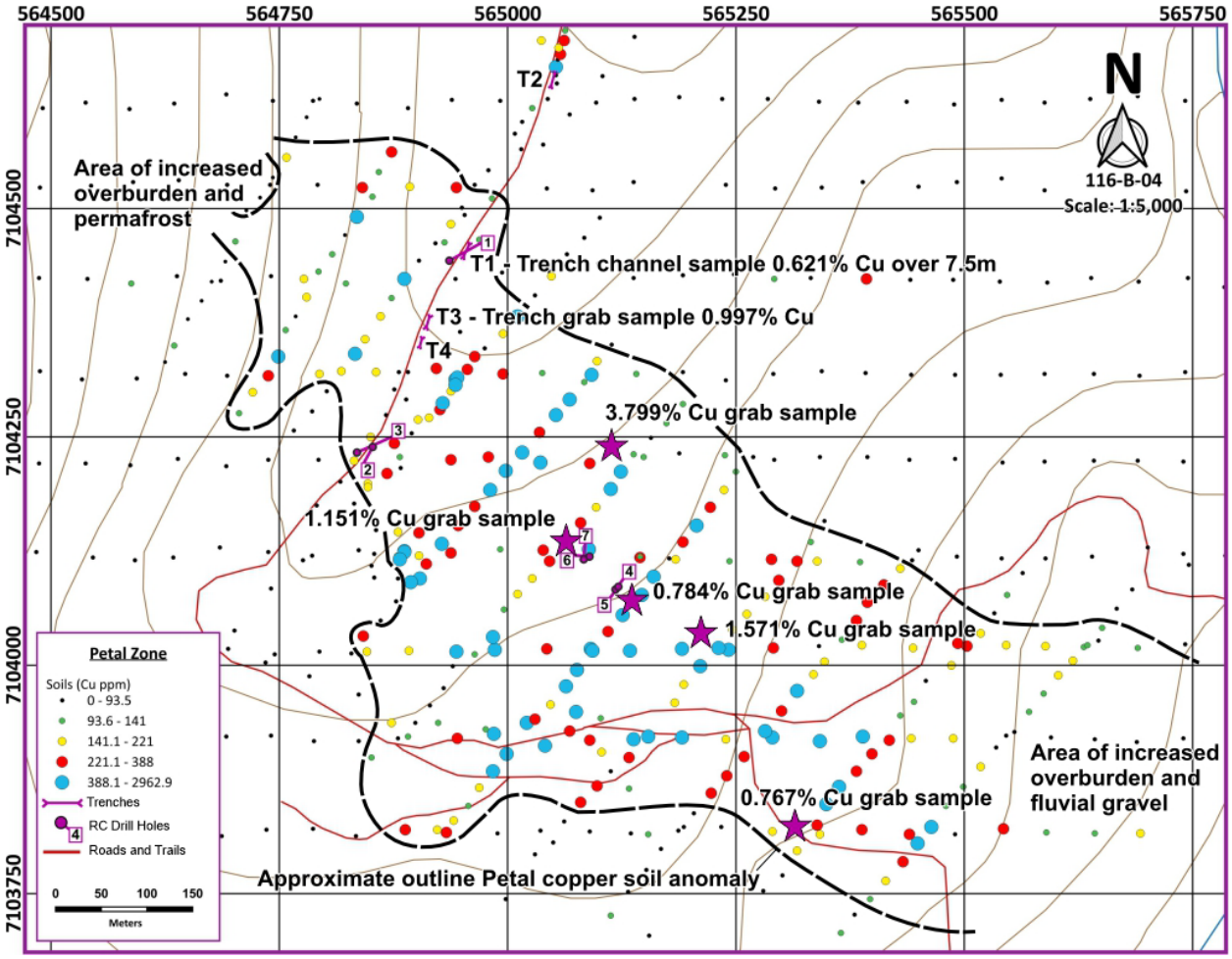

Figure 2: Petal Zone map showing 2026 trench and hole locations plus select historical geochemistry

Analytical Procedures

Soil and rock samples were submitted to the Bureau Veritas sample prep facility in Whitehorse, Yukon. Rock samples were crushed to 70% passing 2 mm, with a 250 g subsample pulverized to >85% passing -75 microns, while soil samples were sieved to -80 mesh. All samples were analyzed for multi-element geochemistry by Aqua Regia digestion and ICP-MS analysis; method AQ201. Rock samples with values exceeding 2,500 ppm copper via method AQ201 were further analyzed by method MA370 which is a 4-Acid digestion with ICP-ES analysis that provides ore grade (percentage) values.

Qualified Person

Steven McMullan, P. Geo. supervised the preparation of and reviewed and approved the scientific and technical information contained in this news release. Mr. McMullan is a qualified person as defined by National Instrument 43-101 - Standards of Disclosure for Mineral Projects.

For Further Information

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About Northern Lights Resources Corp.

Northern Lights Resources Corp. is a growth-oriented exploration and development company advancing three key projects: the Horetzky Copper Project, located in the Babine Porphyry belt of central British Columbia, the Pup Copper Project in the Yukon and the 100% owned Secret Pass Gold Project located in Arizona.

Northern Lights Resources trades under the ticker of "NLR" on the CSE, on the OTC under the ticker "NLRCF" and on the FSE under the ticker symbol "0ZH0". This and other Northern Lights Resources news releases can be viewed at www.sedarplus.ca and www.northernlightsresources.com.

CAUTIONARY STATEMENT REGARDING FORWARD-LOOKING INFORMATION:

This news release contains forward-looking statements and forward-looking information within the meaning of applicable Canadian securities laws (collectively, "forward-looking statements"). Forward-looking statements include, but are not limited to, the Company's future exploration activities and corporate plans. Forward-looking statements are generally identified by words such as "anticipates", "expects", "intends", "plans", "believes", or similar expressions, or statements that certain actions, events or results "may", "could", "would", or "will" occur or be achieved. Forward-looking statements are based on the opinions and estimates of management as of the date of this news release and are subject to known and unknown risks, uncertainties and other factors that may cause actual results or events to differ materially from those anticipated in such forward-looking statements. These risks and uncertainties include, but are not limited to, risks related to exploration activities, changes in market conditions, and other risks described in the Company's public disclosure filings available on SEDAR+. Readers are cautioned not to place undue reliance on forward-looking statements. The Company does not undertake any obligation to update or revise any forward-looking statements except as required by applicable securities laws.